

Full Service Grocery Store Stocking Requirements

To be considered a full service grocery store in Missouri a retail store must stock the following quantities of products in each food group. For tuna and canned, fresh and frozen fruits and vegetables a “case” is considered to be a minimum of twelve (12) cans or packages.

Fresh Vegetables: Minimum of ten (10) pounds each of at least five (5) varieties of vegetables listed. Choices may include broccoli, cabbage, carrots, cauliflower, celery, corn on the cob, green beans, lettuce, onions, bell peppers, squash, tomatoes, turnips, zucchini, sweet potatoes and potatoes (Potatoes must be either ten (10) bags of various weights or ten (10) pounds of loose potatoes).

Fresh Fruits: Minimum of ten (10) pounds each of at least four (4) of the following: apples, bananas, oranges, pears, peaches, plums, grapes and grapefruits.

Frozen Vegetables: Minimum of one (1) case of each vegetable, minimum of four (4) varieties of the following: mixed vegetables, corn, corn on the cob, peas, broccoli, carrots, cauliflower, green beans and spinach.

Frozen Fruits: Minimum of one (1) case of each fruit, minimum of two (2) varieties of the following: strawberries (sliced or whole), peaches, blueberries, mixed fruit, blackberries, raspberries, pineapple, fruit medley and mixed berries.

Fresh and Frozen Meats and Poultry: Minimum of thirty (30) pounds per variety of meat and poultry. Beef, pork and poultry must all be stocked with at least a minimum of three (3) types of cuts and ten (10) pounds for each type of cut offered (i.e. chops, steaks, hamburger, roasts, bacon, sausage, leg quarters, thighs, wings, etc.). Deli style meats and sausages do not apply. Meats and poultry may be a combination of fresh and frozen.

Canned Fruits: Minimum of two (2) cases of each fruit, minimum of three (3) varieties of the following: peaches, pears, pineapple, mixed fruit and fruit cocktail.

Canned Vegetables: Minimum of two (2) cases of each vegetable, minimum of three (3) varieties of the following: peas, green beans, corn (cream or niblet), beets, carrots, spinach or other beans.

Canned Fish: Minimum of one (1) case of either: salmon, sardines and tuna.

Breadstuffs: Minimum of eighteen (18) loaves of bread in at least two (2) varieties and/or brands.

Dairy products, cheese, cereals, juices, infant formula, and other WIC approved foods must meet minimums required in Section VI of the WIC Vendor Manual.